

Dear Roy Lilley

**Our oppressive Care Quality Commission: our depressed NHS**

A friendly NHS manager recently directed me to your writings. Belatedly I recognise a powerful kindred voice: I was recently forced out of my much-loved, single-handed GP practice very rapidly after directly (though courteously) challenging CQC inspectors.

I strongly agree with your critique of the CQC, but would go further: not only is it ineffective in stopping bad things happening but – even worse – the draconian inspection culture is destructive of much that constitutes what has been best in our NHS.

I have written much about the destructive and corrosive effects of our healthcare's increasingly ratcheted culture of governance and inspection. My writing is an 'insider's' view and probably centres more on the quality of relationships than does yours, though is otherwise very synergistic.

I attach four of my own more relevant publications. Do feel free to quote or publish if you wish.

Meanwhile **thank you** for your clear and committed voice.

With best wishes

Dr David Zigmond (GP)

**Attachments**

*When is Compliance Necessary for Public Safety? The policing of Welfare: a personal story (2017)*

*Death by Documentation: The penalty for corporate non-compliance (2016)*

*Institutional atrocities: The malign vacuum from industrialised healthcare (2013)*

*Fallacies in Blunderland: Overschematic overmanagement: perverse healthcare\_ (2012)*